

# ALLIED HEALTH



## Our support is autism-specific.

Our Allied Health team specialises in working with autistic children and young people. We understand that every individual is different and provide person-centred supports that build on strengths, interests and goals. Our therapists work collaboratively with families, schools and support teams to develop practical strategies that can be applied in everyday environments

### Occupational Therapy

Occupational Therapy supports autistic people to develop the skills needed to participate successfully in everyday life. We focus on building independence, confidence and participation across home, school and community settings. Services may include support with:

- Self-care skills (dressing, feeding, toileting, sleep routines)
- Emotional regulation and coping skills
- Sensory processing and sensory regulation
- Fine and gross motor development
- School participation and learning
- Independent living skills

We also provide Functional Capacity Assessments, sensory assessments and parent consultation sessions.

### Allied Health Assistants

Our Allied Health Assistants work under the guidance of our Occupational Therapist and Speech Pathologist to provide regular, goal-directed intervention.

For Mansfield-based participants, therapy programs are developed and overseen by our therapists and implemented by trained Allied Health Assistants. This allows participants to access consistent skill-building opportunities while working towards their NDIS goals

### Speech Therapy

Speech Therapy supports the development of functional communication skills that promote connection, participation and independence.

Services may include:

- Communication, language and speech assessments
- Support with receptive and expressive communication
- Social communication and interaction skills
- Augmentative and Alternative Communication (AAC)
- Parent and caregiver coaching
- Practical strategies to support communication across all environments

Our goal is to help individuals communicate effectively in ways that are meaningful to them.

### Flexible Service Delivery

We offer a range of service delivery options to meet the needs of participants and families, including:

- Therapy sessions in Mansfield
- Telehealth appointments
- Parent and caregiver consultation
- School and kindergarten consultation
- Capacity building and training for support teams

Limited outreach services may be available to regional communities. Availability depends on therapist capacity, participant demand within the area, travel requirements and available funding.

# Allied Health



## In our service, we aim to:

- Support participants to achieve their NDIS goals through meaningful and individualised intervention
- Build skills that increase independence at home, school and within the community
- Empower families and support networks through education and practical strategies
- Deliver evidence-informed supports that focus on participation and quality of life
- Foster confidence, self-determination and long-term skill development
- Work collaboratively with schools, support coordinators and other providers where appropriate

## Participants may require funding under:

- Improved Daily Living
- Increased social and community participation
- Finding and keeping a job
- Capacity Building Supports

(Funding requirements will vary depending on individual needs and supports requested)



### Contact Us!

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Mansfield Autism Statewide Services are committed to promoting and protecting at all times the best interests of children and young people involved in its programs.

Any child having contact with Mansfield Autism Statewide Service, has the right to feel safe and be safe. The wellbeing of children in our care will always be our first priority and we have zero tolerance to child abuse.

To apply, visit [autismmansfield.org.au](http://autismmansfield.org.au)