# Family Camp



A camp for the whole family!
A time to relax, recharge and connect with others. while supported by caring, compassionate, autism-trained professionals.

Our camps build social, recreational and communication skills. We have professional expertise in autism and offer individualised strategies and supports in a purpose built camp environment.

# Our support is autism-specific.

# **Making Connections**

It is the community of camp that makes it so special. Families find immense value from the support of other families going through similar experiences. Autistic young people meet and support each other. Parents connect and have time out together. Siblings enjoy their own program. Camps provide parents with much needed respite, as children are supported for the duration of the camp by trained staff.

### **Health and Wellbeing**

We ditch the screens and engage in simple activities for health and wellbeing. We love getting outdoors and enjoying nature.



## Camp-Based

Our MAPs stay in the home which helps to observe critical times and to provide individualised and relevant ideas and strategies that fit in with the family routine. We provide continuity of care, supporting our young people through times of transition and change.

### A Range of Activities

We offer a camp that has a balanced program of relaxation, outdoor experiences, nature, art and craft, yoga, games, healthy foods and exercise.

# **Upcoming dates**

JSep 21-26 | Sep 30-Oct 5 | Oct 21-26 Nov 11-16 | Nov 18-23 | Dec 2-7 Jan 13-18 (2025) | Jan 20 - Jan 25 (2025)

"My husband and I have not had a real rest together since having our child. Our lives are a constant relay taking turns looking after our children. We actually unwound on this camp knowing everything was sorted"

"This was life-changing for us...we still use the strategies we learned from camp, and they still work!"

# Key details:

- We provide educational workshops for parents to learn more about autism and how to support their child.
- Camps are held at our beautiful 100 acre farm in Mansfield, Victoria.
- Camps provide parents with much needed respite, as children are supported for the duration of the camp.
- Each autistic young person has a 1:1 support worker for the duration of the camp.
- Accommodation is in three bedroom cabins with views over Mt Buller.
- Siblings are supported in small peer to peer groups.
- Camps provide parents with much needed respite, as children are supported for the duration of the camp.
- Families enjoy quality time together and have fun.
- Our camp sizes are small. Each camp supports up to 10 autistic young people and their families.
- Our camps run from Monday to Saturday for five nights.
- Camps are for autistic young people up to the age of 18 years and their families.
- All camps are fully catered (family fee covers meals for the family).
- Family camps have a limited capacity. We will confirm availability following a service request.
- Participants require NDIS funding in their Core and Improved Daily Living budgets

Contact Us!
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Mansfield Autism Statewide
Services are committed to
promoting and protecting at all
times the best interests of children
and young people
involved in its programs.
Any child having contact with
Mansfield Autism Statewide
Service, has the right to feel safe
and be safe. The wellbeing of
children in our care will always be
our first priority and we have zero
tolerance to child abuse.

# In our service, we aim to:

- Build daily living skills, self care, social and emotional skills, independence, and communication.
- Enable parents, siblings and autistic young people to build social networks and reduce social isolation.
- Enhance family relationships and increase understanding of autism.
- Build capacity of parents and siblings to maintain informal supports of their autistic child/sibling.

# **Family Camp Costs**

Registration Group: Improved Daily Living Skills-CB

Description: Training for carers and parents

Support Item Reference Number: 15\_038\_0117\_1\_3

Cost per hour: \$77.00 Number of hours: 12

### Registration Group: Short Term Accommodation

Description: Short term accommodation and assistance, weekday, 1.1

Support Item Reference Number: 01\_058\_0115\_1\_1

Cost per day: \$2,098.80 Number of days: 4.5

### Registration Group: Short Term Accommodation

Description: Short term accommodation and assistance, Saturday, 1·1

Support Item Reference Number: 01\_059\_0115\_1\_1

Cost per day: \$2,682.32 Number of days: 0.5

### Total NDIS cost = \$11,709.76

# Subsided family registration fee: \$150 per family

Our camps are for the whole family. We are grateful to Carer Gateway who subsidise the cost of attending camp for family members of NDIS participants. This financial support (on application) covers accommodation, meals, activities and support workers for siblings and reduces the out-of-pocket costs to \$150 per family.

# To register, visit autismmansfield.org.au

Information on this brochure is current from 22/08/2024