

# LOCAL PROGRAMS

Offered to local clients who live in the Mansfield Shire. Outreach supports clients to reach their NDIS goals. Respite offers overnight stays in MASS accommodation.

## Autism Specific

Our support workers are familiar with the needs of people with Autism Spectrum Disorder. They support participants with tools that often prove helpful in reducing anxiety and keeping things calm and predictable.

### Community Based

Our support workers work with clients in the local community helping them to reach their NDIS goals. Sometimes we support leisure and recreation goals and sometimes we support employment goals. We aim to increase community access, participation and expand social networks wherever possible.

### Small Groups

We can offer participants of the same age with similar goals the opportunity to participate in small group sessions. These have a focus on building social skills, self-confidence and problem-solving skills. We support people to make decisions about what they would like to focus on during these sessions.

### Outreach

Support can be provided in the home to help people build and develop their daily living skills, their confidence and independence. We support people in the community to access new experiences and increase their self-confidence and interpersonal skills. These sessions are participant led, giving opportunity for choice making wherever possible.

### Respite

We have several houses in which we can provide overnight Respite.

"Thank you for an amazing service. The outreach service has been invaluable for our son. He feels included, respected and listened to."



# Local Programs NDIS Information



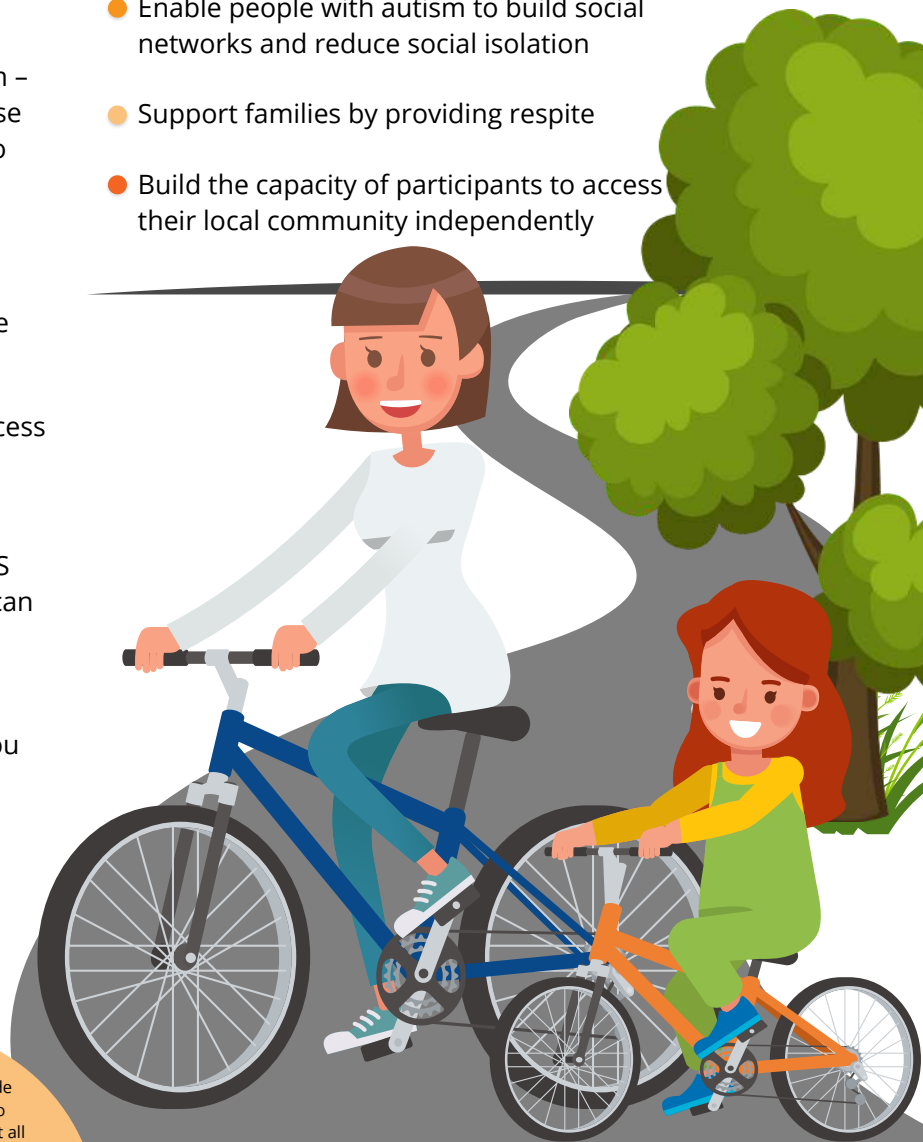
Participants require funding under Improved Daily Living Skills, Assistance to Access Community, Social & Recreational Activities and Short Term Accommodation & Assistance.

## Key details:

- Local Programs is currently only available to participants living in the Mansfield Shire
- Participants can choose to be supported 1:1, or in a small groups where appropriate
- Participants NDIS Goals 'set' the program – we will work with you to decide how these will be measured. We can support you to identify what you would like to work on during sessions
- Outreach usually occurs in the local community with opportunities to explore further should funding be available
- Outreach can support participants to access the local community for recreation and leisure
- Respite usually occurs in one of the MASS Residences. Depending on capacity this can be for between 1 -5 nights
- We try to be responsive to the needs of participants, if there is something that you would especially like to do but need support to do it – ask us

## In our service, we aim to:

- Support participants to reach their NDIS Goals, we can help break these down and make them more specific
- Enable people with autism to build social networks and reduce social isolation
- Support families by providing respite
- Build the capacity of participants to access their local community independently



**Contact Us!**  
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Mansfield Autism Statewide Services are committed to promoting and protecting at all times the best interests of children and young people involved in its programs.

Any child having contact with Mansfield Autism Statewide Service, has the right to feel safe and be safe. The wellbeing of children in our care will always be our first priority and we have zero tolerance to child abuse.

To apply, visit:  
[www.autismmansfield.org.au](http://www.autismmansfield.org.au)

*Information on this brochure is current from 08/12/2022*